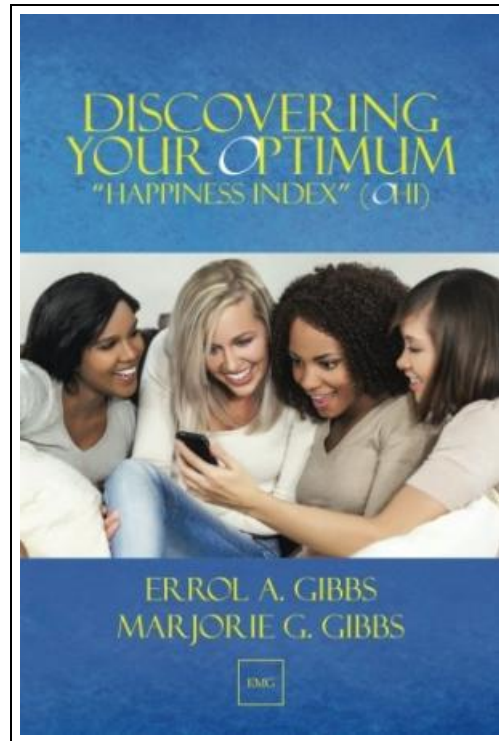


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Reviews

This book is so gripping and fascinating. Of course, it is actually perform, still an interesting and amazing literature. You will not feel monotony at anytime of your respective time (that's what catalogs are for about in the event you request me).

(Prof. Ophelia Wiegand I)

DISCOVERING YOUR OPTIMUM HAPPINESS INDEX (OHI): A SELF-DIRECTED GUIDE TO YOUR HAPPINESS INDEX (HI) (INCLUDING QUESTIONNAIRE AND SELF-IMPROVEMENT TEMPLATES) (PAPERBACK)



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AUTHORHOUSE, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Over the past century, the world has experienced exponential growth in academia, human knowledge, science and technology, and financial and material wealth. Human beings have made significant progress in religious understanding, space exploration, medical research, and in the treatment and eradication of some common diseases such as smallpox, measles, yellow fever, and polio (poliomyelitis). The thoughtful observer could envisage a new world that blossom s into a new era of high civilization with peace and prosperity, and hope and happiness. Instead, humanity has been ushered into the global village, observably unprepared to manage national and international challenges that seem to suffocate hope and happiness of many. Discovering Your Optimum Happiness Index (OHI) is a book that puts forward that a materially driven life may bolster ones lifestyle, but one s lifestyle is not fundamentally intrinsic to happiness. It contends that the potency of Optimum Happiness is a higher imperative of happiness underpinned by the Spiritual and the Natural. This book is not essentially a scientific treatise on happiness, but it presents a new narrative that will engage individuals in the fields of psychology, sociology, and other social science disciplines. The discourse is an alternative approach to the Search for Happiness, based on multigenerational family life experiences, nurturing children, experiential knowledge, intuitive, intellectual and empirical observation, and global travel. It offers the reader a broad spectrum of inquiry into the influence of human attributes, achievements, and customs on one s health, well-being, and happiness. The Happiness Index methodology will take the reader on a journey of discovery where he or she can find happiness in the midst of plenty (wealth), likewise in the midst of scarcity (poverty). Regardless of your station in life, this book will...



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