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## Kailash: Impression And Expressions

## By Manoj M. Haridas

1997. Hardcover. Book Condition: New. 190 Kailash and Manasarovar or Kang-Rinpoche and Mapam Tso, as they are respectively and respectfully known in Tibet, have been known to Indian traders for several centuries. Why do people go to Manasarovar? Historians and geologists go for research. Botanists and onithologists go for documentation. The youth go for adventre. The religious go on pilgrimage. The objects may differ but the common thread is that each person goes to find time for himself where he can listen to himself, motivate and transform himself. The present study is about authors trekking experiences in the Kailash-Manasarovar region along the Lhasa-Karakoram highway in Tibets Ali Province. It is an adventure documentation written for an advanced amateur trekker. Thirty-eight beautiful colour photographs enhance the value of this comprehensive work. Contents:- Preface List of illustrations List of tables List of Maps Acknowledgment Kailash and Manasarovar for the Beginner Adventure in the Kailash-Manasarovar Region: Theory and Practice Trekking in the High Altitudes (Gunji and Beyond) On the Tibetan Plateau The Kailash Parikrama The Manasarovar Parikrama Bibliography Index The Title 'Kailash: Impression And Expressions written by Manoj M. Haridas' was published in the year 1997. The ISBN number 9788121205696 is assigned to...



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