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A Hypnotist's Secrets to Creating Charisma (Paperback)

By Gia Brainerd PhD

Booksurge Publishing, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Dr. Gia Brainerd's A Hypnotist's Secrets to Creating Charisma is a life-changing book. From the most basic definition of charisma to the complexities of empowering yourself by identifying who you are and how you fit into this world, Brainerd has delivered a straightforward and easy-to-follow guide based on her years of experience as a clinical hypnotherapist working primarily in the entertainment industry. According to Shelley Stockwell-Nicholas, PhD, President of the International Hypnosis Federation, Dr. Brainerd has created a jewel of a book that makes YOU enchanting, a book in which you can tap into your innate wisdom and master energy and your mind to become a MASTERMIND. The author focuses on the aspects of charisma, as well as those characteristics that set you apart as an alluring and magnetic individual. From the physiology of charisma to the use of language, from values to self-hypnosis and meditation techniques, Brainerd has created a valuable and highly relevant book.

Reviews

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