



Essential Oils: Great Collection of Essential Oils Recipes: Aromatherapy, Diffusers, Soap Making, Skin and Hair Care, Pain Relief: (Essential Oils, Pain Relief, Aromatherapy) (Paperback)

By Sheila Sloan

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Essential Oils: Great Collection of Essential Oils Recipes: Aromatherapy, Diffusers, Soap Making, Skin and Hair Care, Pain Relief Though there have been incredible medical advancements in recent years, and though it seems there is a solution for anything and everything you could be feeling these days, natural remedies still hold their own. In fact, in recent years, essential oils have stepped to the forefront of natural remedies, and in some ways have taken precedence over traditional medication. These oils, which have been around for thousands of years, have proven to be incredibly effective in treating a variety of health issues and ailments, from stomachaches and headaches to insomnia and even depression. It seems there is an oil for everything, and from everything, for that matter. Countless fruits and herbs, a plethora of flowers and seeds - there s really no end to where you can get essential oils, or the benefits each one provides. But it can get confusing quickly. Not all oils do the same thing, and when you need a specific treatment, you want something you know is...



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Reviews

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