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# FAT DADDY DADDY.

# FAT DADDY/FIT DADDY: A MAN S GUIDE TO BALANCING FITNESS AND FAMILY

Taylor Trade Publishing, United States, 2004. Paperback. Book Condition: New. Taylor Trade Pu.. 249 x 175 mm. Language: English . Brand New Book. Simultaneously complacent in the security of a stable, married life and maddeningly preoccupied with the rearing of young children, many men have a tendancy to subordinate their physical well-being to the demands of family. Indeed, study after study has shown that men are more reluctant than women to face up to worrisome symptoms or go to the...

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- Authored by Lawrence Schwartz
- Released at 2004



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### Reviews

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