



Good Enough: How to Overcome Fear of Failure and Perfectionism to Live Your Best Life (Paperback)

By Kim Foster Carlson

Balboa Press, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you have a hard time making decisions? Do you avoid situations out of fear of what others will think? Do you procrastinate so much that it interferes with your daily life? Do you give up easily if things get tough? If you answered yes to any of these questions then you might just be a perfectionist. Veteran journalist and accomplished athlete Kim Foster Carlson gives you the tools overcome the obstacles that have been holding you back from living your best life.



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