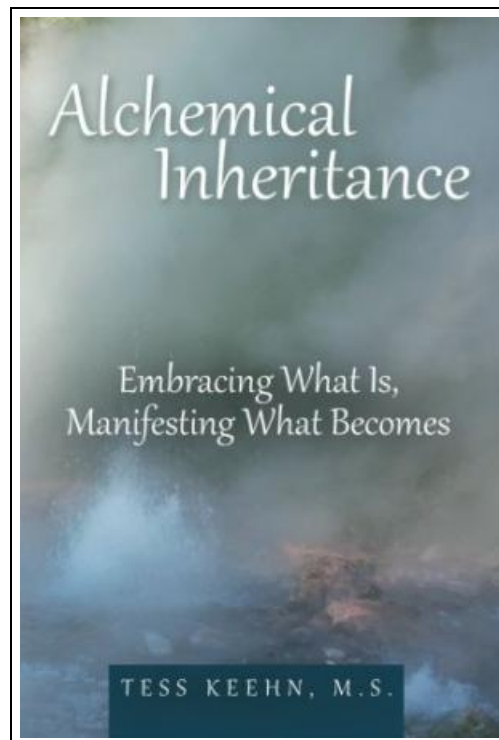


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ALCHEMICAL INHERITANCE: EMBRACING WHAT IS, MANIFESTING WHAT BECOMES (PAPERBACK)



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Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Born into the aftermath of a family tragedy, author Tess Keehn responded as a young adult by dedicating herself to finding emotional balance and wellness. Alchemical Inheritance presents the honest story of Keehn s family history and of her own life experiences, describing how her journey through darkness eventually empowered her to manifest a life of peace, joy, and fulfillment. She tells the tale of her grandmother s mysterious murder, her mother s descent into mental illness, the dissolution of her family s substantial wealth, and the near collapse of her own life under the weight of her family s secrets and financial ruin. Keehn s own inheritance moved through the extremes of substance abuse and despair until a spiritual awakening in her twenties called her to tap the power of a myriad of resources and forge her own path to healing and redemption. Through her story, she hopes others may find a revised road map for their lives that moves them forward with clarity, excitement, and inspiration. -In this masterfully written memoir . Keehn combines spirituality, mental-health practices, and an ever-growing love of herself that leads her readers on a path to a deep and sustaining healing.- -Kathari Findlen, author, Meeting in the Space Between -Alchemical Inheritance is a rare book written with both the openness of a client and the discerning eye of a skilled professional psychotherapist.- -Lama Yeshe Jinpa, from the Foreword In this personal narrative, one woman shares her journey of overcoming obstacles of victimization, substance abuse, and abandonment to emerge healed, whole, and peaceful.



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