Extraordinary Sex Now A Couples Guide to Intimacy

By Sandra Scantling

Harmony. Paperback. Condition: New. 336 pages. Dimensions: 8.9in. x 5.9in. x 1.0in.Based on the help she has provided for the thirty to forty couples a week she has seen in her twenty years of clinical practice as a sexual therapist, Dr. Sandra R. Scantling has written a new erotic guide to restoring the vital connections that bring couples together and make it possible for them to enjoy extraordinary sex. This is not a sex manual; it is a book about achieving true intimacy--both in and out of the bedroomGreat sex is not dependent on being able to achieve contortionist positions or finding that elusive G-Spot; it is based, rather, on couples becoming aware of those ineffable forces that originally brought them together--forces that may have been based on differences rather than similarities in style and personality, forces that now may be pulling these same people apart. Having achieved an understanding of these forces, they will be better able to communicate, achieve intimacy, and enjoy extraordinary sex. The first step toward understanding is self-awareness, and Dr. Scantling has devised a simple but accurate paradigm of the four basic personality types: Energizers, Stabilizers, Workers, and Pleasure-seekers. Through storytelling, anecdotes, and an easy-to-complete...

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