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THE DOLCE DIET: LIVING LEAN



Xerxes House Press, United States, 2013. Paperback. Book Condition: New. Full Color.. 234 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.PRAISE FOR THE DOLCE DIET: LIVING LEAN! Dolce is a lifestyle changer. - ESPN I love The Dolce Diet; it s amazing! It s not just for cutting weight. It s about learning to eat properly for your health. -Vitor Belfort, UFC two-time world champion Mike Dolce s the best in the business. -Chael...

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- Authored by Mike Dolce, Brandy Roon
- Released at 2013



Reviews

It becomes an awesome publication that I actually have actually read. It really is writter in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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