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# THE DOLCE DIET: LIVING LEAN



Xerxes House Press, United States, 2013. Paperback. Book Condition: New. Full Color.. 234 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.PRAISE FOR THE DOLCE DIET: LIVING LEAN! Dolce is a lifestyle changer. - ESPN I love The Dolce Diet; it s amazing! It s not just for cutting weight. It s about learning to eat properly for your health. -Vitor Belfort, UFC two-time world champion Mike Dolce s the best in the business. -Chael...

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- Authored by Mike Dolce, Brandy Roon
- Released at 2013



#### Reviews

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