



## Modern Day Shapeshifting: Living by Soul Design (Hardback)

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By Rhonda McFarland

Balboa Press, 2016. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A powerful and thought provoking read on how to transform ourselves from our baggage-laden past and shift into the perfect part of ourselves: our souls. This step-by-step book marries a relationship between modern psychology and modern spirituality. It addresses powerful topics necessary to deliberately direct life experiences to achieve healthy and favorable outcomes. It includes learning life manifestation skills from both a psychological and soulful point of view. It gives the individual the knowledge and guidance to stay on course while consciously directing their life's journey. This is the manual needed for individuals struggling physically, emotionally and mentally to create healthy focus and direction. It is a practical guide for individuals to access their innate and individual wisdom. It teaches you the Art of Shapshifting and how consciousness creates the nature of reality. It gives you effective strategies to design more of what you desire in life. It also helps you create a personal mapping system that keeps you on course. If you do the exercises and follow the advice, your life will change!.



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