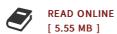




Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family (Paperback)

By Paleo King

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. Look and Feel Great with the Paleo Lifestyle! Do you want an easy way to cook grain free AND low carb meals? Looking for more Healthy Slow Cooker recipes that comply with Paleo Diet? While a Paleo diet has been shown to be very effective for people wanting to lose weight and improve their health, spending time in the kitchen on a daily basis can be difficult. That s why Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family gives you slow cooker recipes to help you find extra time so you can do other things besides cook. In this Paleo Slow Cooker Cookbook you will find over 200 easy recipes, all with special nutritional information included, and are designed specifically to support paleo lifestyle. Discover how to cook really tasty low carb diet in your crock pot! -Receive valuable tips and tricks for using your slow cooker -Enjoy recipes featuring beef, chicken, pork, and seafood -See how to make delicious side dishes -Appreciate the easy-to-follow instructions -Immune health (autoimmune conditions) -Blood sugar regulation (diabetes 1 2, hypoglycaemia)...



Reviews

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-- Mrs. Alia Borer

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