369 Days: How to Survive a Year of Worst-Case Scenarios (Hardback)



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Reviews

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369 DAYS: HOW TO SURVIVE A YEAR OF WORST-CASE SCENARIOS (HARDBACK)



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Author Academy Elite, 2017. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. I wrote 369 Days to share my story of losing everything that people fear to lose, in a year s time. This book will walk the reader through the losses, and how I came out of each challenge better and stronger than before. The book will show people how to create proper boundaries in their life, so they can prevent significant losses in their own lives. Introduction - Chasing life goals has a cost. Focusing on the to do lists, countless e-mails, look around you. Right now wherever you are, you not only take up space, but you find yourself in one too. Maybe you ve never considered it, but this space has incredible intentionality behind it. Someone designed it. Maybe someone else built it. And someone probably even maintains it. Hopefully, this environment is conducive for your goal: whether productivity, leisure, or study. But have you considered your leadership environment? Have you designed, built, and maintained that space too? The quality of your leadership environment determines the quality of your leadership impact. Part 1: Burning The Candle At Three Ends - Your life and your leadership is getting the exact results it s designed to get. When we experience undesirable results we have two choices. Average leaders focus predominantly on changing their results. This effort only produces incremental change and ultimately frustration. Exceptional leaders focus on changing their design. This effort produces exponential change and ultimately fulfillment. By designing a clear picture of the finished space we can then take the next step of building it. The first step toward getting what we want is learning what we want. Part 2: The Cardiac Domino Effect - Suffering a health scare, which...

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