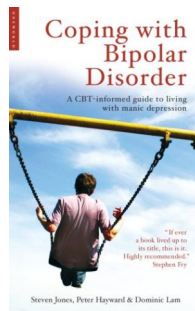


## Coping with Bipolar Disorder: A CBT-informed Guide to Living with Manic Depression (Revised edition)



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