



## The Experience of Being Diagnosed With Cancer

By Kathy Blough

MindBodyMed Press, LLC. Paperback. Condition: New. 100 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. As anyone can imagine, being diagnosed with cancer is a life-changing, terrifying event. Psychotherapist Kathy Blough reveals the lived-life experiences of three cancer patients through the process of phenomenological inquiry. Her study validates that having a diagnosis of cancer is a harrowing event, which involves a shattering of ones current world-view and a creation and re-creation of new world-views as the process unfolds. According to the National Cancer Institute (2012) nearly one out of every two people born in 2012 will be diagnosed with cancer sometime during their life; as cancer diagnoses continue to rise, the experience of being diagnosed with cancer will become an unfortunate yet common experience. While researchers in the medical community are spending time and attention finding methods to heal the patients physiology, little of either is spent on understanding or healing the patients psychology. The purpose of this study was to bring forth the experience of being diagnosed with cancer in its entirety. Understanding the full impact this diagnosis has on the patient can assist professionals in targeting treatments that encompass the whole person. As potently illustrated by the co-researchers in this...



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