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## Herbal Antivirals: Strengthen Your Immunity Naturally (Paperback)

By Sorrel Davis

Book Publishing Company, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. It seems that almost every year a new viral epidemic emerges, leaving people around the world feeling frightened and helpless. In many instances, no vaccine or medicine exists to prevent or treat the outbreak, and developing a virus-specific antidote, if one can even be found, may take many years. In the meantime, what are we to do? Natural-health advocate Sorrel Davis explains the nature of viruses in terms laypeople can understand and explains why these often pathogenic organisms are so tenacious and difficult to defend against. She also discusses established treatments and prevention methods and provides simple techniques available to everyone to guard against viral infections. The heart of the book covers the promising herbs being studied for their antiviral capacities and how they're currently being used by herbal practitioners and alternative healers. The naturally active antivirals in these plants may help fill the gaps in conventional medicine by boosting human immunity against harmful microbes and lessening the severity or duration of an infection.



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### Reviews

*Absolutely among the best publication I have got at any time go through. It really is written in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after i finished reading this publication through which basically modified me, alter the way i believe.*

-- **Mrs. Velda Tremblay**

*This book is very gripping and fascinating. Yes, it is play, nonetheless an interesting and amazing literature. I found out this ebook from my dad and i recommended this pdf to discover.*

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