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A Paleo Christmas Quick, Easy, and Delicious Paleo Recipes For The Holidays

By Debbie Allen

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 36 pages. Dimensions: 8.6in. x 5.8in. x 0.2in. Being Paleolithic on holidays, such as Christmas or New Years is a really tough experience especially with all of those favorites like stuffings, breads, pies and desserts. That is why I put together this recipe book for you where you're going to get plentiful paleo alternatives to your favorites. No matter what dragged you to the paleo diet allergy or health reasons, you will certainly love these amazing Paleo Christmas recipes. When it comes to following a specific healthy diet, sustainability is the key to success. For this reason, if you are following a paleo diet, then stick to it on holidays to get the perfect results. Make it achievable by having these 25 recipes of irresistibly delish Christmas dishes. Even if you share these incredible dishes with your non-paleo friends or family, be confident as they'll celebrate the great food and relish each bite. In this book you are going to unravel the best holiday dishes from traditional and nontraditional favorite foods such as baked salmon, crusted pork loin, turkey wings, sides, desserts and beverages. The variety...



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