



Six Healing Sounds: A Holistic Practice (Paperback)

By Hendrik Santo, Robert Chu

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Six Healing Sounds has a long history in China. Used as a self-cultivation tool, it is based on the principles of Chinese Medicine where sounds have a connection to the internal organs. The Chinese name is Liu Zi Jue, meaning, literally, six characters knock or secrets. The real meaning behind them is to use the sound syllable to vibrate and massage the internal organs to maintain health, or to heal if one is sick. To the Chinese, to heal means to be in harmony or balance. In fact, that is the goal of all the Chinese healing arts - to bring one into balance. The Six Healing Sounds will strengthen what is deficient, and will sedate what is excess. Six Healing Sounds Made Simple is a bold step to introduce the art to the West in its authentic form. Although there are many schools of Six Healing Sounds that are taught here, most are focusing on making loud sounds with the throat alone, and do not address the intricacies and practice of a healing nature. Hendrik Santo has...



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Reviews

This book may be worth purchasing. I was able to comprehend every thing using this published e publication. I am happy to let you know that this is the very best ebook i have got read inside my very own daily life and could be he finest ebook for actually.

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Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book.

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