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A Blueprint for the Perfect Life: 101 Secrets to Living the Life of Your Dreams

By The Genie Kabral Sharpe

iUniverse. Hardcover. Condition: New. 232 pages. Dimensions: 8.5in. x 5.5in. x 0.7in. Have you ever wondered why some people seem to have it all while others seem destined to a life of struggle? What is it that allows some people to experience the best life has to offer in the realms of health and fitness, finances, relationships, and their dream projects, while others can't materialize what they want no matter how hard they work? In *A Blueprint for the Perfect Life*, author Kabral Sharpe shares 101 secrets that are essential to living a perfect life and follows each with action steps to help make the goal become a reality. A self-empowerment coach, Kabral discusses how you can create a body you love; employ the simple secret success formula for total lifelong financial abundance; create amazing relationships in your business and personal life; do what you love for a living; be organized and stay that way; live your ideal life with no regrets; and live powerfully into all your intentions so you fully enjoy the journey as well as the end result. Providing advice for everything from responsibility to gratitude to love, *A Blueprint for the Perfect Life* can help you achieve what...

Reviews

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