



Nutribullet Superfood: 37 Luscious Fruit Smoothie Recipes for a Pleasurable and Healthy Summer

By Jessica David

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The quick and easy way to extract ALL of the nutrients superfoods have to offer in luscious healthy smoothies using Nutribullet technology. Fruit smoothies define enjoyment. If you're laying around the Virgin Islands enjoying the calming waves and warming sunshine there is nothing better than having a nice luscious, cold fruit smoothie by your side. There is just something incredible about fruits, milks and sugars mixed together as a drink. Sure green smoothies may be healthy, but they aren't fun and relaxing like fruit smoothies are. Each smoothie includes a host of superfoods. Superfoods give you a leg over the competition with their nutrient rich ingredients. The Nutribullet will process the foods down so they are easily digested and the nutrients are released into your bloodstream almost immediately. Not to mention, these recipes are formulated to taste fantastic! Experience The Superfood NutriBlast! Absorb the Health Benefits of Nutribullet Superfood NutriBlasts! Save time Look good Eat healthy Look radiant Lose weight Energize your mind and body Live a longer, more fulfilling life Each...



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