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# BEDTIME BATTLES: NO MORE: GET YOUR CHILD TO SLEEP THROUGH THE NIGHT IN 10 SIMPLE STEPS



Sleepy Starz. Paperback. Condition: New. 134 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Mother of two Emily Duffell brings you Bedtime Battles: No More! A guide to getting your child to sleep throughout the night. Her highly acclaimed new book is packed full of simple, practical and easy to follow techniques for the treatment of sleeping problems in children. If your child's bedtime is a constant source of conflict, you endure nightly wakings or broken sleep then this is the ultimate...

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- Authored by Emily Duffell
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