



## Diabetes Journal: Keep Record of Blood Sugar

By Frances P Robinson

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This Diabetes Journal contains enough space to monitor your blood sugar up to 4 times a day (before and after meals and bedtime) for one full year. Keep all of your results in one place. Take and show to the doctor. (No more worries about forgetting the details.) (BONUS SECTION!) BLOOD PRESSURE CHART A bonus section in the back of the book allows for you to record your blood pressure readings. Enter the date, time, high and low reading and any comments. The Diabetes Journal is a great way to keep record of two of your most vital signs, blood sugar and blood pressure. This large 8.5 x 11 book has plenty room to write plus its easy to read!.



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### Reviews

*Very beneficial to all of type of individuals. This can be for those who statte that there had not been a really worth reading. You will not really feel monotony at at any time of your respective time (that's what catalogs are for concerning should you ask me).*

-- **Michale Shields**

*The very best ebook i ever study. It really is rally fascinating throgh reading through period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Coleman Kreiger**