


[DOWNLOAD](#)

[READ ONLINE](#)
[\[1.68 MB \]](#)

Opening to God: Lectio Divina and Life as Prayer

By David Benner

InterVarsity Press, United States, 2015. Paperback. Book Condition: New. 206 x 138 mm. Language: English . Brand New Book. Most Christians want to experience spiritual transformation. But many are frustrated by the limited progress of our spiritual self-improvement efforts. We find our praying burdened by a sense of obligation and failure. But prayer is not merely something we do; prayer is what God does in us. Prayer is not just communication with God; it is communion with God. As we open ourselves to him, God does the spiritual work of transformation in us. Spiritual director David Benner invites us to discover openness to God as the essence of prayer, spirituality and the Christian life. Prayer is far more than saying words to God; all of life can be prayer when offered to God in faith and with openness. Using the four movements of lectio divina, Benner explores prayer as attending, pondering, responding and being. Along the way he opens us to a world of possibilities for communion with God: praying with our senses, with imagination, with music and creativity, in contemplation, in service and much more. Learn how prayer can be a way of living your life. Move beyond words...

Reviews

Thorough guide for pdf fanatics. We have read through and i also am confident that i will gonna read once more once more later on. You wont sense monotony at whenever you want of your own time (that's what catalogues are for concerning in the event you request me).

-- **Davon Senger**

Basically no words and phrases to describe. It is really simplified but unexpected situations in the fifty percent of your book. I am delighted to let you know that here is the very best publication i have got go through within my very own lifestyle and might be he greatest publication for actually.

-- **Watson Kohler**