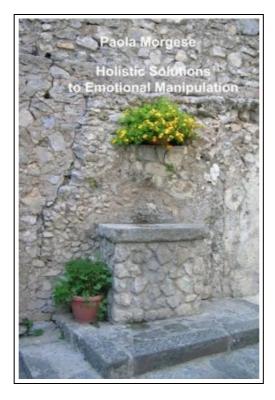
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This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******. This book is derived from a personal experience of the author and provides effective and proven holistic solutions, which concern the body, mind and spirit, in dealing with emotional manipulation (also known as narcissistic abuse). Manipulators control their victims through mechanisms of reward and punishment, abandonment, dependence, coercion, fear, pain, retaliation, and sense of guilt. Find out if and how some of the people, who you should be able to trust, instead cleverly control your life, and regain your freedom. Here is its secret: this book is a project that uses a project management methodology to defeat narcissistic abuse with holistic disciplines.

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