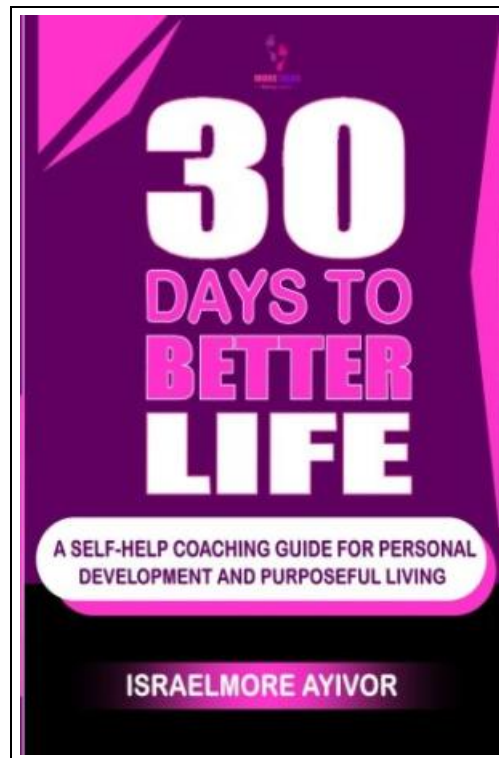


30 Days To Better Life (A Self-Help Coaching Guide)



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30 DAYS TO BETTER LIFE (A SELF-HELP COACHING GUIDE)



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 104 pages. Dimensions: 8.5in. x 5.5in. x 0.2in. According to Stephen Luke, you are the CEO of your own life. Start making executive decisions today. Yes, you are responsible for who you become; better or worse. This 30 Days Better-Life Online Coaching (B. L. O. C) Programme was designed to guide you systematically through a thorough investigation about yourself. It is aimed at helping you to discover better things about yourself and direct you to improve the dreams you live in a positive way. It comes with personal experiences, motivational stories, impactful quotes, thought provoking personal development questions and top ten inexcusable questions you should find answers to. In January 2016, BETTER-LIFE ONLINE COACHING PROGRAMME otherwise referred to as BLOC was facilitated by Israelmore Ayivor (Ghana) and Israel Sello Fantisi (South Africa). Over 50 participants in this programme were from about 5 countries such as Ghana, Nigeria, South Africa, Kenya and Saudi Arabia. The 30 days duration programme led to one-on-one coaching with interested participants and was successful. The facilitators in order to reach out to the masses that are potential participants but are not online or would love to go offline pursuing this programme have compiled the questionnaires for the online coaching into this book. 30 Days to Better Life therefore is a practical document that would serve the same function as the online coaching programme. In order for this function to be completely achieved, it is the authors desire that readers subscribe for one-on-one personal development coaching just as it happened after the online coaching programme. This item ships from La Vergne, TN. Paperback.



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