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## VITAMIN K2: THE MISSING NUTRIENT FOR HEART AND BONE HEALTH



AUTHORHOUSE, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Some people are aware that Vitamin K1 is important for blood clotting, but relatively few are aware of Vitamin K2 and its essential role in bone and heart health. There is now an impressive body of research showing that Vitamin K2 plays an integral role ensuring that our bones grow strong and our hearts and blood vessels...

## Read PDF Vitamin K2: The Missing Nutrient for Heart and Bone Health

- Authored by MD Dennis Goodman
- Released at 2015



## Reviews

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