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High Up in the Rolling Hills: A Living on the Land

By Peter Finch

iUniverse, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.In his youth, Peter Finch wove his way through a series of exploits and adventures. Travels took him to Canada, where a fateful encounter in the Rocky Mountains opened up new horizons. In midlife he and his wife Gundi made the shift to country living, ushering in a new phase in their life, as they set down roots in the hills and settled into a deliberately simplified lifestyle. Peter relates how he and Gundi immersed themselves in ways guided by nature. As she created and sold glass sculptures, he sunk his hands and tools into pure glacial-till soils, sowing, planting, and growing culinary and medicinal herbs, heirloom vegetables and salad greens to take to farmers markets and restaurants in and around Toronto. Invigorated by the pleasures and health benefits of growing, selling, and eating fresh organic food, Peter reveals how he became a passionate advocate of traditional, small-scale, chemical-free farming. High Up in the Rolling Hills shares the personal journey of an independent couple as they explore the vital role of nature, creativity, and healthy food in life.



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Reviews

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