



## Energy Psychology in Psychotherapy: A Comprehensive Source Book (Hardback)

By Fred P. Gallo

WW Norton Co, United States, 2002. Hardback. Condition: New. Language: English . Brand New Book. Fred Gallo, the originator of energy diagnostic and treatment methods (EDxTM), has gathered here a stellar group of major participants in the energy field, and the wide-ranging chapters cover enormous ground. Gallo s introduction discusses a paradigm shift, rooted in physics, that views psychological function and dysfunction from the standpoint of bioenergy factors. This new view challenges prevalent psychological theories that focus on behavioral, cognitive, neurological, systemic, or chemical parameters to the exclusion of the underlying energetic component. This graceful introduction lays the ground for all the chapters that follow. Part One provides an overview of the major approaches to energy psychology and covers thought field therapy; energy diagnostic and treatment methods; the Tapas acupressure technique and its roots in energy healing in traditional Chinese medicine and yoga; Judith Swack s holistic system that simultaneously addresses the somatic, psychological, and spiritual aspects of an issue; and Larry Nims s BE SET FREE FAST, which has transitioned from meridian tapping to a method that simply uses a cue word or phrase to promote healing. Also discussed are Seemorg matrix work, which synthesizes energy psychology, trauma work,...



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