



The More of Less: The Life-Giving Benefits of Owning Less (Hardback)

By Joshua Becker

Multnomah Press, United States, 2016. Hardback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book. The More of Less delivers a empowering plan for living more by owning less. In a society consumed by consumption and stressed about finances, millions are realizing that more stuff won t necessarily bring more happiness. Material pursuits, in fact, almost always prevent us from making room for what does. That s why minimalism, defined by the author as the intentional promotion of everything we most value and the removal of anything that distracts us from it , suggests a radical about face. His book provides a deeply considered manifest for a life-giving alternative: Less is more. Contentment is possible. Generosity enriches. Genuine abundance is not found in wealth.

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