



# The Skinny Hot Air Fryer Cookbook: Delicious Simple Meals for Your Hot Air Fryer: Discover the Healthier Way to Fry. (Paperback)

By Cooknation

Bell Mackenzie Publishing, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. The Skinny Hot Air Fryer Cookbook: Delicious Simple Meals For Your Hot Air Fryer: Discover the Healthier Way To Fry! Hot Air Frying is a revolutionary new way of cooking that once discovered you won t be able to live without! Whether you own an ActiFry, AirFryer, Halo Health or any other counter-top hot air fryer the all new Skinny Hot Air Fryer Cookbook is what you have been waiting for. Offering you inspiration and exciting new lower calorie/lower fat recipe ideas The Skinny Hot Air Fryer Cookbook makes the most of this innovative and versatile appliance, opening your eyes to a huge choice of nutritious delicious recipes, which will change the way you cook forever! So what are you waiting for? Get more out of your hot air fryer now and discover the healthier way to fry! Recipes in this ALL NEW book include: Double Chilli Prawns Green Beans Spring Green Gnocchi Five Spice Steak Savoy Cabbage Crispy Chicken Fried Rice Pork Tenderloin Spring Vegetables Parmesan Hazelnut Chicken Thighs Tequila Cayenne Chicken Cajun Coriander Drumsticks Beef Rosemary Meatballs Chorizo Scallop Watercress Wraps...



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