



Do Nothing: Inner Peace for Everyday Living - Reflections on Chuang Tzu's Philosophy (Hardback)

By Siroj Sorajjakool

Templeton Foundation Press, U.S., United States, 2009. Hardback. Condition: New. Language: English. Brand New Book. Words, writes Chuang Tzu, are for catching ideas; once you've caught the idea, you can forget the words. In *Do Nothing*, author Siroj Sorajjakool lends us some of his insightful words to help us all catch the provocative ideas of one of China's most important literary and philosophical giants one who emerged at a time when China had several such giants philosophizing on Tao or the Way. Though his thinking dates back to the fourth century, Chuang Tzu's Tao has profound implications for our modern lives. He welcomes an existence that is radically removed from the image of normalcy that society often projects, wherein the individual must always strive for more, always seek greater productivity, and always try to better him or herself and his or her place in life. Chuang Tzu would posit that the definitions of normalcy, success, and happiness are arbitrarily assigned and that our rigid and unquestioning adherence to these so-called norms leads to existential restlessness and unease. Instead of striving, he would say, be still. Instead of acquiring, embrace nothingness. Instead of seeking to understand the limitlessness...



READ ONLINE
[6.53 MB]

Reviews

This type of ebook is every little thing and made me looking ahead of time and more. It is among the most amazing book i actually have read through. Its been designed in an exceptionally simple way in fact it is simply soon after i finished reading through this pdf in which actually transformed me, change the way i believe.

-- **Dr. Ron Kovacek**

It is one of the best publication. It is among the most remarkable publication i have read through. Your lifestyle period will be change once you complete reading this article publication.

-- **Crystal Rolfson**