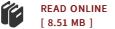




Seneca on Happiness, Virtue, and Philosophy as the Guide to Life

By Keith Seddon, Sir Roger L Estrange

Keith Seddon, United Kingdom, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. THE FIRST OF THREE SLIM VOLUMES Roger L Estrange, staunch royalist, author and pamphleteer, one-time inmate of Newgate Prison, one-time exile, one-time Member of Parliament, takes up the teaching of the Roman Stoic philosopher Seneca, rearranging and paraphrasing the original Latin to shape a unique and engaging work of his own. Stoic philosophy guides us through all hazards, and arms us against all difficulties. Those who develop a good character in accordance with Stoic principles learn to live well and face adversities and setbacks with an unshakable equanimity. This slim volume is the first of three parts of Roger L Estrange s Seneca of a Happy Life, being itself an extract from a much larger whole, Seneca s Morals, first published in 1678.



Reviews

This sort of book is every little thing and made me searching ahead and more. Sure, it is actually play, nonetheless an amazing and interesting literature. You wont feel monotony at whenever you want of the time (that's what catalogs are for relating to in the event you ask me). -- Gavin Bosco IV

This kind of pdf is every little thing and taught me to looking forward and more. It is one of the most incredible book i have read. You wont truly feel monotony at whenever you want of your time (that's what catalogs are for about should you check with me). -- Miss Amelie Fritsch DVM

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