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MANAGING STAGE FRIGHT: A GUIDE FOR MUSICIANS AND MUSIC TEACHERS (PAPERBACK)



Oxford University Press, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Why is it that well-prepared, talented, hardworking, and intelligent performers find their performance and self-esteem undermined by the fear of memory slips, technique failures, and public humiliation? In Managing Stage Fright: A Guide for Musicians and Music Teachers, author Julie Jaffee Nagel unravels these mysteries, taking the reader on an intensive backstage tour of the anxious performer s emotions to explain why stage fright happens...

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- Authored by Julie Jaffee-Nagel
- Released at 2017



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