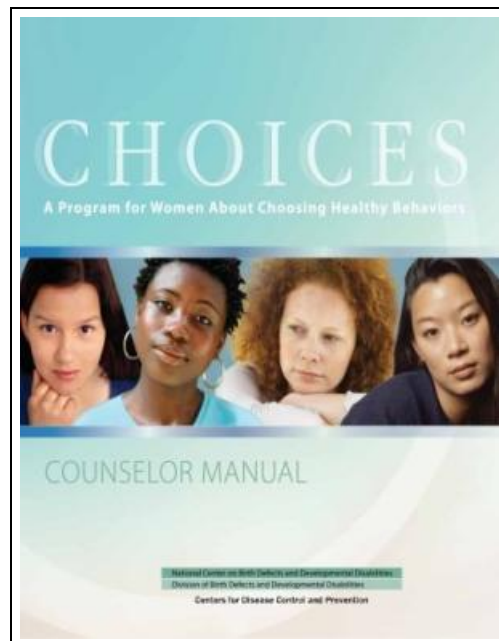


Choices: A Program for Women about Choosing Healthy Behaviors to Avoid Alcohol-Exposed Pregnancies



Filesize: 9.63 MB

Reviews

I just started looking over this ebook. I could possibly comprehend everything out of this published e publication. You are going to like the way the author compose this publication.

(Giles Vandervort DDS)

CHOICES: A PROGRAM FOR WOMEN ABOUT CHOOSING HEALTHY BEHAVIORS TO AVOID ALCOHOL-EXPOSED PREGNANCIES



Createspace. Paperback. Condition: New. This item is printed on demand. 72 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Prenatal alcohol exposure is a leading preventable cause of birth defects and developmental disabilities in the United States. Studies from the Centers for Disease Control and Prevention (CDC) find that each year approximately 500,000 pregnant women report they drank alcohol in the past month, and approximately 80,000 pregnant women report binge drinking (five or more drinks on any one occasion). Fetal exposure to alcohol results in a spectrum of adverse effects that has been termed Fetal Alcohol Spectrum Disorders (FASDs), with the brain and central nervous system being particularly sensitive to the effects of alcohol. Alcohol exposure during pregnancy can have profound and life-long consequences for children. Fetal Alcohol Syndrome (FAS) is one of the most involved conditions along the spectrum and affects up to two out of every 1,000 infants born each year in the United States. The estimated lifetime cost of FAS is 2 million per case, with an annual cost for all cases of 4 billion to the nation. Most women reduce alcohol consumption after learning they are pregnant. Others do not recognize they are pregnant in the early weeks of gestation and continue to drink at high levels. Among women of childbearing age (18-44 years), more than half report they drank alcohol in the past month, and one in eight reports binge drinking in the past month. Women who are planning to become pregnant or are at risk of becoming pregnant should avoid using alcohol if they are sexually active and not using contraception. Studies find that about half of all pregnancies in the U. S. are unplanned. About half of these unplanned pregnancies occur in women who are using contraception but not effectively. Enhancing effective...



Read Choices: A Program for Women about Choosing Healthy Behaviors to Avoid Alcohol-Exposed Pregnancies Online



Download PDF Choices: A Program for Women about Choosing Healthy Behaviors to Avoid Alcohol-Exposed Pregnancies

Other PDFs



Simple Signing with Young Children : A Guide for Infant, Toddler, and Preschool Teachers

Book Condition: Brand New. Book Condition: Brand New.

[Download PDF »](#)



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually...

[Download PDF »](#)



Music for Children with Hearing Loss: A Resource for Parents and Teachers

Oxford University Press Inc, United States, 2014. Paperback. Book Condition: New. 228 x 156 mm. Language: English . Brand New Book. Written by an expert in the field who is both a teacher and a...

[Download PDF »](#)



A Widow for One Year: A Novel

Random House. Hardcover. Book Condition: New. 0375501371 Never Read- 12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy-...

[Download PDF »](#)



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

[Download PDF »](#)

**Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home**

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000,

[Download Book »](#)

**The Mystery at Motown Carole Marsh Mysteries**

Carole Marsh Mysteries. Paperback. Book Condition: New. Randolyn Friedlander (illustrator). Paperback. 32 pages. Dimensions: 11.1in. x 8.7in. x 0.0in. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery

[Download Book »](#)

**The Mystery at Motown Real Kids Real Places**

Carole Marsh Books. Paperback. Book Condition: New. Paperback. 158 pages. Dimensions: 7.4in. x 5.2in. x 0.5in. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery Online eBooks are

[Download Book »](#)

**Viking Ships At Sunrise Magic Tree House, No. 15**

Random House Books for Young Readers. Paperback. Book Condition: New. Sal Murdocca (illustrator). Paperback. 96 pages. Dimensions: 7.4in. x 4.9in. x 0.2in. Jack and Annie are ready for their next fantasy adventure in the bestselling middle-grade

[Download Book »](#)

**Depression: Cognitive Behaviour Therapy with Children and Young People**

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it

[Download Book »](#)