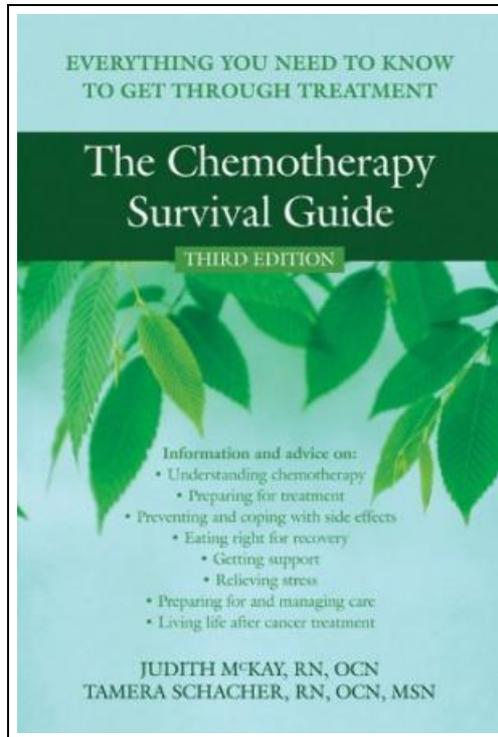


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New Harbinger Publications, United States, 2009. Paperback. Condition: New. 3rd ed.. Language: English . Brand New Book. The first and second editions of this best-selling guide have already helped thousands of people understand chemotherapy and prepare themselves or their loved ones for treatment. The book is used as the primary chemotherapy patient education tool in outpatient clinics nationwide. This new third edition of The Chemotherapy Survival Guide includes updated information on topics including biotherapy, immunotherapy, nutrition, stress reduction, chemotherapy drugs, and more. Written by experienced oncology nurses Judith McKay and Tamera Schacher, this reassuring, optimistic guide helps readers understand their treatment options and explains in plain English how different types of chemotherapy really work. The book includes detailed advice on how to cope with and alleviate the side effects of chemotherapy, such as hair loss and nausea, and describes how good nutrition, meditation, support groups, and other techniques and resources can help chemotherapy patients recover both physically and emotionally during this difficult time.

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