



## Secrets of Healer: Magic of Reflexology (Paperback)

By Constance Santego

Thoughtweft Publishing, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Reflexology is the study of activating reflex points, usually on the feet or hands, which correlate with specific anatomical functions divided across ten different zones. This practice of acupressure, energy and massage techniques stimulate and awaken the autonomic nervous system, creating optimum balance for the body. Listen to the AMAZING story your body can tell as you discover the language and magic of foot and hand reflexology! The Secrets of a Healer Series shares with you the knowledge of self-healing through techniques taught in Aromatherapy Massage Reflexology Muscle Testing Hypnotherapy Iridology Reiki The Gifts.



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