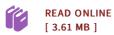




## The Sydney Handbook of Anxiety Disorders: A Guide to the Symptoms, Causes and Treatments of Anxiety Disorders (Paperback)

By Philip Boyce

University of Sydney, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. This book presents a comprehensive guide to anxiety disorders, a major mental health concern in Australia. It uniquely explores a biopsychosocial model adopted by the University of Sydney. Anxiety disorders are common psychiatric conditions with a devastating effect on quality of life that is often underestimated. Unfortunately, anxiety is as misunderstood among patients and health practitioners as it is common. While more than 14 percent of Australians exhibit symptoms of anxiety disorders, only half seek treatment. Of great concern is the fact that 40 percent of those who do seek treatment receive misguided advice. Despite this alarming news, there is hope. The Australian mental health community, particularly the faculty of the University of Sydney, is rallying around anxiety research and clinical treatment. The Sydney Handbook of Anxiety Disorders presents the latest and most comprehensive information on the diagnosis and treatment of anxiety. This guide clearly lays out a biopsychosocial model for understanding anxiety that involves biological activity of the brain, psychological theories on attachment, conditioning, cognition and recognition of social triggers. New and traditional psychological and pharmacological treatment options are meticulously...



## Reviews

Without doubt, this is the best operate by any publisher. I was able to comprehended everything out of this written e publication. Its been developed in an remarkably easy way which is only following i finished reading through this ebook by which basically altered me, modify the way i believe.

-- Dr. Ofelia Grant Sr.

It becomes an awesome publication that I actually have actually read. It really is writter in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Talia Cormier