Crystal Awareness



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Llewellyn Publications,U.S. Paperback. Book Condition: new. BRAND NEW, Crystal Awareness, Catherine Bowman, Now you can learn the secrets of crystals and how to use them for meditation, healing, and personal energy by reading "Crystal Awareness" by Catherine Bowman. Virtually everything you need to know about crystals is included. That's why over 130,000 people already have this book. You should have it, too! First, you will learn about the basic nature of crystals. You'll learn what they're made of and their different forms. You'll also learn about the different powers of each. What type of crystal should you use when doing healings? How can you use clusters of crystals? What are the differences between small crystals and large ones? The answers are all found in "Crystal Awareness." More than anything, this book is practical. You'll learn how crystals have energy fields and how they can interplay with your personal energy fields. This book explains how to use crystals in meditation and how they can open you to deeper personal awareness as your meditations go deeper than ever before. Included is information on the effect of working with color and crystals when meditating. "Crystal Awareness" also reveals the secrets of healing with crystals. You'll learn how to program crystals for healing and how to lay them in arrays around the head or feet. You'll see the effect of large crystals and clusters on healing as well as how colored quartz can be used for different healing purposes. Simply put, this is the best book to introduce you to working with crystals. Get your copy today.

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