



Breaking Through Chaos: A Guide to Help You Bring Balance Back to Life (Paperback)

By Liza Davis

Harmony Life, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are there times when you feel all over the place in life? Do you constantly find yourself needing more time in the day? Have choices left you unfulfilled? Breaking Through Chaos will help you regain clarity of purpose, renew energy and positive emotion, and restore unapologetic authenticity. Allow Liza Davis, a lifestyle coach and expert on life balance, share her personal lessons that will empower you to make choices to create the life of harmony you desire. You will discover how to: - Get clear about your desires and own your decisions without the need to explain or apologize for them - Develop a healthy relationship with time and get back in control of your journey - Allow inspired action to help you work smarter and not harder - Increase your vibration to empower positive change and results Breaking Through Chaos is your catalyst to take your desires from fantasyland to reality!.

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