



The Way of Prayer: Learning to Pray with the Our Father

By Teresa, William Doheny

Christian Classics Inc. Paperback. Book Condition: new. BRAND NEW, The Way of Prayer: Learning to Pray with the Our Father, Teresa, William Doheny, Drawn from the heart of Teresa of Avila's timeless classic The Way of Perfection, her most personal and accessible book, this masterful primer on prayer provides contemporary Christians with a simple guide on how to pray. Teresa of Avila's down-to-earth suggestions offer today's Christians--whether novices or veterans--sensible insight on the practice of prayer and meditation. An introductory section contains Teresa's teaching on the practice of vocal and mental prayer, followed by sixteen succinct chapters imparting Teresa's instructions on how to pray. Readable, personal, and practical, Teresa's commentary on the Lord's Prayer is a wonderful way to discover the passion and the wisdom of this beloved woman mystic.

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