# Sli Swim Instructor Training Workbook: Essential Skills for Swimming Lessons (Paperback)



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# Reviews

A fresh e book with a brand new point of view. It is definitely simplistic but surprises in the fifty percent of your ebook. Its been designed in an extremely basic way and is particularly just soon after i finished reading this ebook where in fact altered me, change the way i really believe.

(Dr. Alberta Schmidt V)

# SLI SWIM INSTRUCTOR TRAINING WORKBOOK: ESSENTIAL SKILLS FOR SWIMMING LESSONS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Workbook. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. SLI Swim Instructor Training Workbook Section 1 Every swim lesson season you train and retrain your staff. Returning seasonal employees get refreshed on their swim knowledge, and new members learn what streamlines are and why you do front glides before teaching side breathing. Take the confusion, long hours, and frustration out of you reoccurring swim staff training. Get the SLI Swim Instructor Training Workbook: Section 1 Swimming Ideas, LLC and Jeffrey Napolski are the driving forces behind the website all about making you a better swim instructor. Together they bring you the Swimming Lessons Ideas Swim Instructor Training Workbook. This book is used to train hundreds of new swim instructors every year. Get the print copy today, or download the digital version to print your own. In the workbook we break down the 15 essential swim skills ranging from going underwater and doing a supported front glide through learning the arms for breaststroke, teaching butterfly, and doing flip turns. Learn to do and teach everything in between. Solve that confused scared swim instructor and give them the knowledge to teach an effective class. This workbook includes the step by step progressions you should use to train someone in each of the 15 essential swim skills. Learn the script for initiating front and back glides, then learn how to hold a child to support them while promoting best swimming posture so you don t need to retrain them later on. When your staff all uses the same training workbook to learn swimming, and how to teach it, you II have standardized language. Your whole staff will speak the same way when teaching every skill, set up their classes in a...

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