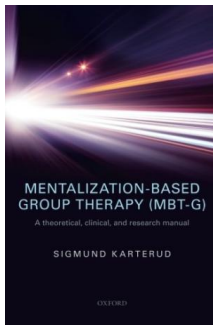


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## MENTALIZATION-BASED GROUP THERAPY (MBT-G): A THEORETICAL, CLINICAL, AND RESEARCH MANUAL



Oxford University Press, United Kingdom, 2015. Paperback. Book Condition: New. 234 x 161 mm. Language: English . Brand New Book. Mentalization-based treatment (MBT) has gained international acclaim as an efficient treatment for patients with borderline personality disorder. The approach is also helpful for other personality disorders and conditions that are difficult to treat, e.g. addiction and eating disorders. MBT consists of a psychoeducational, an individual, and a group therapy component. This is the first comprehensive manual for mentalization-based group therapy....

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- Authored by Medical Director Sigmund Karterud
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