



## Encyclopedia of Brazilian Jiu-Jitsu (Paperback)

By Rigan Machado

EMPIRE BOOKS, United States, 2006. Paperback. Condition: New. REV ed.. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Grappling took the world of martial arts by storm in the early 1990s with the advent of the UFC (Ultimate Fighting Championship) and other no-holds-barred events, and quickly became one of the most popular fighting methods in the world. In *Grappling Masters*, through conversations with historical figures such as Helio Gracie, Gene LeBell and Wally Jay, and numerous current world-class masters such as Rorion Gracie, Gokor Chivichyan, Oleg Taktarov, Rickson Gracie and Marco Ruas, the many threads of grappling learning, legend and lore are woven together to present a complete and integrated view of this eclectic art of fighting, philosophy, and self-defense. For the first time, interviews with 31 of the world's top grappling masters have been gathered together in one book. Containing information that has not appeared anywhere else, the interviews contain intriguing thoughts, fascinating personal details, revealing philosophies and hidden history. In these 31 gems, each master reveals a true love for the art and a deep understanding of every facet of the practice and spirit of the various grappling disciplines. No matter how...



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### Reviews

*This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book.*

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*This publication is worth getting. it absolutely was writtern very completely and useful. I am quickly could possibly get a pleasure of reading a written publication.*

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