



Stop the Fight!: How to break free from the 12 most common arguments and build a relationship that lasts (Paperback)

By Michelle Brody

Ebury Publishing, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. Relationship woes are complex and destructive, and often deeply hurtful. Over years of research, clinical psychologist Dr Michelle Brody has found that the same 12 fights play out time and time again between couples, such as the `Partner Improvement Fight, the `You Don t Care About Me Fight, and the `Difficult Relatives Fight. By addressing these areas, couples can immediately grasp the destructive cycles in their relationships. But advice and strategies alone aren t enough to help couples solve their relationship problems: they need to see with their own eyes why they are trapped in damaging cycles of behaviour in order to find a way back to each other. Dr Brody has already used her illustrations to help thousands of couples in her clinics, and this unique book presents her psychological findings through playful yet pertinent illustrations. It s a one-of-a-kind relationship manual - fresh, concise, easy to use, and results oriented.



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-- Garry Lind

It becomes an awesome publication that I actually have actually read. It really is written in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Talia Cormier

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