Buddhism: The Ultimate Guide to Mastering Buddhism for Beginners in 30 Minutes or Less! (Paperback)



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Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion. (Dr. Sarai Fisher DDS)

BUDDHISM: THE ULTIMATE GUIDE TO MASTERING BUDDHISM FOR BEGINNERS IN 30 MINUTES OR LESS! (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Buddhism- The Ultimate Beginner s Guide to Mastering Buddhism for Life!- -Enter the World of Buddhism and Understand the Heart of Buddhist Philosophy- Learn the Basics Teachings of Buddha! Buddhist philosophy made a successful transition into mainstream consciousness. Unfortunately, popular culture created a lot of misconceptions and myths related to this very old tradition. Are all Buddhists vegetarians? Must all Buddhists do yoga? The heart of Buddhist teachings is now buried in superficial details that many of us don t understand. In order to really grasp Buddhist philosophy, one must look into the life of Buddha and his path to enlightenment. Buddhist doctrines are very rich. It offers guidance in spiritual and personal growth. This book will help you enter the world of Buddhism. It is ideal for beginners who want a simple overview in terms that are easy to comprehend. Buddhist philosophy is so simple and straightforward! With the help of this book, you will understand the basic teachings of Buddha and why they are important in your life. The basics doctrines of Buddhist philosophy will be discussed in very simple terms. You can learn about the Four Noble Truths, the Eightfold Path and basic Buddhist meditation. No need to read works that are confusing and difficult to understand! Try this very simple and helpful book in order to understand and master the basics of Buddhist philosophy. Why You Must Have This Book! > In this book you will learn about the path to enlightenment. > This book will guide you in understanding the...

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