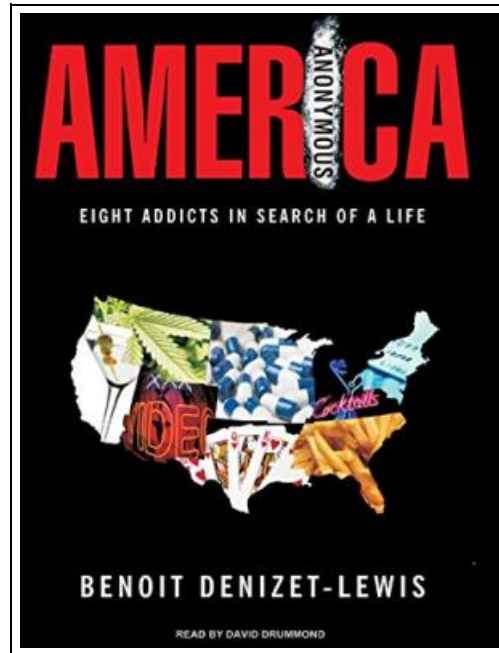


America Anonymous: Eight Addicts in Search of a Life



Filesize: 5.52 MB

Reviews

This ebook is very gripping and exciting. It is one of the most amazing book we have study. Its been printed in an remarkably easy way and it is only after i finished reading this book through which really transformed me, affect the way i think.
(Camille Greenholt)

AMERICA ANONYMOUS: EIGHT ADDICTS IN SEARCH OF A LIFE



Tantor Media, Inc, United States, 2009. CD-Audio. Condition: New. Library ed. Language: English . Brand New. America Anonymous is the unforgettable story of eight men and women from around the country-including a grandmother, a college student, a bodybuilder, and a housewife-who are struggling with addictions. For nearly three years, acclaimed journalist Benoit Denizet-Lewis immersed himself in their lives as they battled drug and alcohol abuse, overeating, and compulsive gambling and sexuality. Alternating with their stories is Denizet-Lewis's candid account of his own recovery from sexual addiction and his compelling examination of our culture of addiction, where we obsessively search for new and innovative ways to escape the reality of the present moment and make ourselves feel better. Addiction is arguably America's biggest public-health crisis, triggering and exacerbating many of our most pressing social problems (crime, poverty, skyrocketing health-care costs, and childhood abuse and neglect). But while cancer and AIDS survivors have taken to the streets-and to the halls of Congress-demanding to be counted, millions of addicts with successful long-term recovery talk only to each other in the confines of anonymous twelve-step meetings. (A notable exception is the addicted celebrity, who often enters and exits rehab with great fanfare.) Through the riveting stories of Americans in various stages of recovery and relapse, Denizet-Lewis shines a spotlight on our most misunderstood health problem (Is addiction a brain disease? A spiritual malady? A moral failing?) and breaks through the shame and denial that still shape our cultural understanding of it-and hamper our ability to treat it. Are Americans more addicted than people in other countries, or does it just seem that way? Can food or sex be as addictive as alcohol and drugs? And will we ever be able to treat addiction with a pill? These are just a few of...



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