



## My Dirty Little Secrets - Steroids, Alcohol God: The Tony Mandarin Story

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By Tony Mandarinich

Modern History Press. Hardcover. Condition: New. 204 pages. Dimensions: 9.3in. x 6.4in. x 0.8in. As Tony Mandarinich left Green Bay in February, 1993, his football career in shambles, Packer Plus staff writer, Tom Mulhern, wrote the following: The overriding sentiment, however, is one of emptiness. Not so much for promises unfulfilled, but for sins not repented. Maybe some day Mandarinich will set the record straight and answer all the nagging questions he leaves behind. I hope so. For all the sports writers, fans, coaches, friends and family, My Dirty Little Secrets sets the record straight. On the 20th anniversary of his draft in 1989, Tony reveals the reasons why he never achieved what the nation expected of him, and what he expected of himself. His story is an inspiration for alcoholics and drug abusers, and offers hope for those trying to help themselves out of the nightmare of addiction. My Dirty Little Secrets promises to help readers Learn about the power of addiction Discover how co-dependency and enablers affect addicts Understand why treatment for addictions is so important in recovery Realize the importance of emotional support systems in the lives of alcoholics Accept the role of the Higher Powers grace in...



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### Reviews

*It is one of the best books. Better than never, though I am quite late in starting to read this one. You won't feel monotony at any moment of the time (that's what catalogues are for regarding the event you check with me).*

-- **Dr. Kristin Dickens**

*A must-buy book if you need to add benefit. This is for anyone who states that there had not been a well worth reading through. It's been designed in an exceptionally straightforward way which is simply right after I finished reading this book where it basically changed me, changed the way I think.*

-- **Adrien Robel**