



Introvert: A Scientific Explanation and Guide to an Introvert's Mind (Paperback)

By Madge Falco

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Understand the Introvert Within You and Position Yourself for Success! I'm shy. I make excuses--even lie--to avoid certain social situations. I've been called anti-social, awkward, and odd. The way I behave doesn't feel unnatural, but I'm constantly being told it is. I'm afraid of confrontation and disagreement. I lack confidence in my abilities, I'm reluctant to defend myself, and I get taken advantage of by others a lot. And worst of all, I don't know why. That was me, before writing this book. If it sounds familiar, then it's time for you to take action to eliminate the negativity. Step 1: know yourself. Why are you the way that you are? The answers are inside. Here is a preview of what you'll learn. -The definition of introvert - Genetic differences between introverts and extraverts-Why and how introverts think differently-Is an introvert's unhappiness real, or is it merely a reflection of living in an extraverted world?-Common characteristics of successful introverts-How to win in an extravert's world-How to embrace introversion and use it to your advantage Behind...



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Reviews

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