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# Chiropractic Technique: Principles and Procedures (Hardback)

By Thomas F. Bergmann, David H. Peterson

Elsevier - Health Sciences Division, United States, 2010. Hardback. Condition: New. 3rd Revised edition. Language: English . Brand New Book. No other book offers a complete guide to chiropractic adjustive techniques! Chiropractic Technique, 3rd Edition makes it easy to understand essential procedures and provides a rationale for their use. Written by Thomas F. Bergmann, DC, FICC, and David H. Peterson, DC, and backed by the latest research studies, this bestseller describes the basic principles needed to evaluate, select, and apply specific adjustive procedures. With a review of chiropractic history, detailed descriptions of joint examination and adjustive techniques for the spine, pelvis, and extremities, and a companion Evolve website with how-to videos, this book is a must-have reference for students and clinicians.Offers over 700 photos and line drawings depicting the correct way to set up and perform adjustive procedures, clarifying concepts, and showing important spinal and muscle anatomy. Includes up-to-date research studies and methods for validating manual therapy. Discusses mechanical principles so you can determine not only which adjustive procedure to use and when, but also why you should choose one approach over another. Organizes content thematically with a discussion of practical anatomy, kinematics, evaluation, and technique for each joint.Covers anatomy...



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