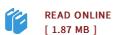




# Fat, Drunk, and Bipolar (Paperback)

By Lynn Bryan Johnson

Lynn Bryan Johnson, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. For years, all Lynn Bryan Johnson saw in the mirror was a big, fat loser-a sad, angry, self-loathing waste of a person. She walked with her head lowered, unable to deal with being alive. Johnson lives with bipolar disorder, a frequently misunderstood mental illness characterized by episodic depression and mania. The disease contributed, at least in part, to her alcoholism. When depressed, she feels suicidal. When caught in the grip of mania, she experiences intense rages, or a state of self-destructive euphoria. In Fat, Drunk, and Bipolar, Johnson invites readers to explore her world from the inside out, sharing the thoughts, feelings, and actions that result from living with a debilitating mental illness. Nothing is sugarcoated; everything is real. And while often dark, Johnson s writing betrays a sharp sense of humor that survives despite the constant war within her. Beginning with her childhood, Johnson shows how bipolar disorder touched every aspect of her life, from the uncertainties of adolescence and college to family life and finding her place in the world. And while there s no cure, she learns...



# Reviews

It in one of my favorite book. Sure, it is actually engage in, nonetheless an interesting and amazing literature. I am happy to let you know that this is basically the finest book i have got study inside my very own existence and might be he finest publication for ever.

-- Randal Reinger

Completely among the finest book I have actually read through. It is probably the most remarkable book we have study. I discovered this book from my dad and i suggested this book to learn.

-- Georgiana Pacocha

### Other Books



Some of My Best Friends Are Books: Guiding Gifted Readers from Preschool to High School Book Condition: Brand New. Book Condition: Brand New.



Games with Books: 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



## America's Longest War: The United States and Vietnam, 1950-1975

McGraw-Hill Education - Europe, United States, 2013. Paperback. Book Condition: New. 5th. 206 x 137 mm. Language: English . Brand New Book. Respected for its thorough research, comprehensive coverage, and clear, readable style, America s Longest War explores the origins of the...



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications.

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\*
Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



#### From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



The Frog Tells Her Side of the Story: Hey God, I m Having an Awful Vacation in Egypt Thanks to Moses! (Hardback)

Broadman Holman Publishers, United States, 2013. Hardback. Book Condition: New. Cory Jones (illustrator). 231 x 178 mm. Language: English . Brand New Book. Oh sure, well all heard the story of Moses and the ten plagues of Egypt a hundred times....