



## Walk Free from Fear of Cancer

By Delilah F. O'Haynes

Walk Free Press. Paperback. Condition: New. 300 pages. Dimensions: 8.8in. x 6.0in. x 0.8in. O'Haynes, cancer survivor, helps you take control of your health with updated suggestions for: preventing cancer and stopping cancer in its earliest stages; obtaining individualized healthcare: the right doctor, procedures, treatments; surviving cancer and treatments with the right nutrition and life style choices; coping with physical, psychological, spiritual effects of cancer and treatments; obtaining the most up-to-date, safe hormone replacement therapy available; walking free of worry, doubt, and fear. Walk Free from Fear of Cancer emphasizes breast and prostate cancers but includes information for all cancer patients, families, and doctors. O'Haynes highlights the most recent study by respected researcher, Dr. Dennis Slamon, which confirms the most commonly used breast cancer chemotherapy regimen . . . provides no benefit . . . to 92 percent of patients. In light of the ineffectiveness of standard treatments, O'Haynes states, We must shift attention to the patient. Once we see humans instead of cancer cells, we will see chemotherapy used with more discretion, treatments individualized, and protocols encompassing the care of the entire patient-body, mind, and soul. Marian Wilson, RN, CHPN, MPH, of Kootenai Medical Center, says, I hope people read...



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